

24/7 LIFE ASSISTANCE SERVICE.

Help for participants who are struggling with a problem, concern or emotional crisis.



Spending time abroad is exciting, but it can also be stressful. Participants can get homesick or even may be facing more serious issues like family matters, depression or substance abuse that they can't handle by themselves.

Our Life Assistance Program provides them with the right tools to help them through some of life's toughest challenges.

Participants can call the toll-free number for confidential, short-term professional assistance, focusing on coping skills for a full range of emotional, family, legal, financial and other personal issues.

THE LICENSED PROFESSIONAL COUNSELOR CAN HELP:

- Provide confidential, short-term counseling
- Offer referrals for long-term counseling or specialized care
- Address e.g. stress, depression, family issues, substance abuse
- Provide assistance with budgeting & other financial concerns
- Be available via telephone 24/7 in a crisis

Participants may be referred to the appropriate professional for in-depth, long-term help.



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